



O/Modernt *Music & Wellness* at Medevi Brunn
28 August—3 September 2026



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A LATE-SUMMER CULTURAL ESCAPE

A week-long cultural wellness escape at Sweden's oldest spa resort, combining O/Modernt's world-class music-making with meditation, movement, history, nature, and seasonal hospitality.

O/Modernt and Medevi Brunn invite guests to turn late summer into a restorative retreat, including deep listening, gentle movement, and encounters with history, all at an easy tempo.

Between Friday 28 August and Thursday 3 September 2026, guests can spend a day, a weekend or an entire week immersed in music, wellness, and cultural discovery in a peaceful spa setting that has been welcoming visitors since 1678.

medevibrunn.se

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Founded and directed by violinist and conductor **Hugo Ticciati**, O/Modernt is a unique collective that reimagines traditional concert programming by interweaving musical styles and genres from the widest range of times and places. O/Modernt transforms every performance into a journey of unexpected connections.

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HIGHLIGHTS OF THE O/MODERNT MUSIC & WELLNESS FESTIVAL

- **Signature Orchestral Concerts**
featuring innovative programmes that bridge eras and genres.
- **Intimate Chamber Music**
performed in the resort's historic ambience.
- **Music and Meditation**
where mindful listening and inner stillness meet.
- **Music and Nature**
Experiencing Medevi Brunn's beautiful nature and music designed to open the body and deepen awareness.



OTHER ACTIVITIES

Guided historical tours through Medevi Brunn's historic buildings and locations, including Högbrunnen (the main spring), Apoteket (the pharmacy), Piperska Huset (the Piper's House) and Lazarettsmuseet (the Hospital Museum).

Learn about the work of the royal physician and scientist, Urban Hjärne (1641–1724), admire architecture from the 17th, 18th and 19th centuries, and step into spaces where European spa traditions flourished.

- **Outdoor Recreation**

- Stroll along **Östgötaleden** to **Torpa Sand** (1.5 km) to enjoy a sandy beach and a swim in Lake Vättern.
- Boat trips and fishing on Lake Vättern.
- **Kägelspel** (ninepin bowling) in the restored **Kägelbana** (Bowling Alley), or the classic game of ring-toss outside Societeten.

- **Nearby Excursions**

Verner von Heidenstam's **Övralid** (7 km), **Nubbekullen** (2 km), **Godegårds Porcelain Museum**, **Varamobaden** beach (17 km), **Motala Motormuseum** and **Rundradio-museum** (17 km), **Göta Canal heritage sites**, **Vadstena** (31 km), **Askersund** (26 km) and **Stjernerunds Slott** (24 km; summer tours).

For more information about all of these options, please speak to the reception.





A TYPICAL DAY

Wake up to guided meditation in Brunnskyrkan, followed by breakfast and a historical tour or lakeside walk. After lunch, enjoy the natural surroundings, some intimate chamber music, a walk to Lake Vättern, and perhaps a refreshing swim. The day concludes with a delicious dinner, an outstanding evening concert, and a peaceful night in the historic Hotel Medevi Brunn.

Spend a day or two, or an entire week at Medevi Brunn, Scandinavia's oldest health resort!

Whether you're a musician, a meditator, or simply curious, O/Modernt and Medevi Brunn offer a holistic experience to nourish the heart, mind, and soul!

A STAY DESIGNED FOR RESTORATION

- **Accommodation**

- Rooms in Hotel Medevi Brunn range from intimate 17th-century chambers to historic suites, all furnished in period style. All rooms are TV-free.
- WiFi is limited to designated common areas.
- Check-in from 15:00 at the hotel reception.
- Check-out 08:00–11:00 at the hotel reception.





DINING

- **Chef Conny Gustafsson** (formerly of Operakällaren in Stockholm) creates menus from locally sourced seasonal ingredients.
 - **Breakfast:** Mon–Sun 08:00–10:00
 - **Lunch:** Daily 12:00–14:00*
 - **Dinner:** Daily 18:00–21:00*
- Seasonal specials include traditional Swedish fare, festival menus, and café offerings (coffee and pastries) at Schweizeriet in the park.

*can vary depending on the concert schedule





ABOUT MEDEVI BRUNN

Founded in 1678 by Urban Hjärne, Medevi Brunn was centred around a revered medieval healing spring. Patronised by Swedish nobility and royalty, the resort expanded rapidly in the 18th century, becoming a summer gathering place for the well-to-do, including the prominent von Fersen family and members of the 19th-century upper middle-classes. Today, Medevi Brunn welcomes a broad audience of history buffs, nature lovers, wellness seekers, and music aficionados.

Wander through fifty historic buildings, from stately rooms of Hotel Medevi Brunn to the 1771 Brunnskyrkan (chapel), and feel the echoes of centuries: the rustle of ancient oaks and the soft murmur of the healing waters. Whether you're savouring spring water from Högbrunnen or exploring the Apoteksmuseum, Medevi Brunn offers an unforgettable blend of culture, tranquillity, and natural beauty.

medevibrunn.se



Grötlunken from the early days



Water served in Högbrunnen



Medevi Brunns Orkester in the park



Medevi Brunns Orkester in the early days



Grötlunken today



Medevi Brunns Orkester

BOOK NOW!

Discover how music, history, and wellness meet at Sweden's oldest spa resort, where every moment is an invitation to unwind, explore, and be inspired.

LOCATION

Medevi Brunn is located 18 km north of Motala, Östergötland (off Riksväg 50) approximately 70 km from Linköping, 31 km from Vadstena, 26 km from Askersund, and 75 km from Örebro via Riksväg 50

CONTACT

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